2020-July 29- august 2 Backpacking–Forks of the Kern (alone)

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| **To do at home / Work:** | **Gear in Pack:** |
| √Check weather | √Tent, Tent Footprint, single mattress pad |
|  | √Sleeping Bag & Pillow |
| √Waters in the Truck | √Camel Pack Bladder for backpack(s), filled |
| √Dehydrate ranch style beans | √Backpacking chair  |
| Oof message on the phone | √Plastic Water Bottle w carabinder (pee) |
| Oof on email | ~~Bear Canister stuffed with the food~~ |
| ~~Cheese for chili and for pasta~~ | √Reading Glasses |
| Tie flies | √Wet wipes |
| √CA fishing license | √Trail running Shoes, Sandals, Wading Boots |
| √Arrange Flies into as few boxes as possible | √Mesh bag to hang food |
| √Check batteries in headlamps | ~~High powered flashlight? (solar kit has one)~~ |
| √Arrange Food packs  | √Head Lamp Flashlight in waist compartment |
| √Fill Camel Pack Bladder in backpack | √Garmin GPSmap 66i InReach Tracker |
| √Pack clothes into Compression sack | √Solar charger  |
|  | ~~slingshot~~ |
|  | √GoPro w attachments, 2nd battery& charger |
| √Laundry | ~~Backpacking speaker for Kelly; charged~~ |
| √Gopro – charge, attachments  | √backpack knife |
| √Sous vide the steak  | ~~Camping Lighter and fire-start materials~~  |
| √Fix / swap in another 1l katadyn | √Spatula – + jetboil fork and spoon |
| √Check kern river flow | √plastic plate |
| √Strawberries and blueberries for fri morning | √Jetboil micro, jetboil stand-alone & fuel |
| √Audit on dock kit (alleve, soap, deodorant, etc.) | √Titanium Frying pan |
|  | √Titanium Pot |
| √Charge Garmin GPS running watch | √Back Pack coffee mug  |
| √Package baby meats, Cheeses, steak & gu  | √Katadyn bottle (kellys’) and the 3L katadyn |
| √Trim Toenails | √Backpacking mirror |
|  | √Shovel w tp |
| √Clothes for After hiking out | √Compression pack |
| √Fill Sun Shower, towel, shampoo, soap. | √Pot scrubber |
| √Cooler: steaks, laughing cow, beer, ice, gu, | ~~Back Pack Grill~~ |
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| √2 Dinners; lunch stuff, 2 breakfasts/hash browns  | **Clothes in compression sack in Pack:** |
|  | √Long sleeve fly fishing shirts (1) |
|  | ~~Beenie~~ |
| √Buy charcuterie and cheese | √Short sleeve Lightweight quick dry “under shirt”  |
| Tie size 12 & 4 huck yellow hoppers | √Long sleeve, lightweight under fly fishing shirt |
| √Charge Garmin watch | ~~Lightweight Columbia Nylon long pants~~ |
|  | √Orange Simms Cap or alternative |
|  | √Backpacking rain jacket |
|  | ~~Patagonia Fishing Jacket?~~ |
|  | √Light fleece  |
| **Amazon.com:** | √Neoprene wet Wading Socks  |
|  | √Quick Dry Hiking Shorts (1) |
| **To Shop at REI / Walmart / Costco / Vons:** | √Backpacking underwear (1) |
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**In BackPack**

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| **Dock Kit:** | **Food in Pack:** | **Med Kit:** |
| Spare Contact Lenses | Dehydrated Dinners  | Neosporin |
| Eye Lubricating Drops | Freeze dried Breakfasts  |  |
| Anti-Perspirant | Dehydrated Hash Browns  | ~~Aquaphor?~~ |
| Toilet Paper | Chocolate | Aleve |
| Biodegradable soap |  | Mosquito bite cream |
| Tooth Brush and Tooth Paste | lunch packs | Band aid / blister patches |
|  | Laughing cow cheese (6) |  |
| Vitamins/ prilosec | ~~Dehydrated ice cream~~ |  |
| Chap Stick | Coffee | **Safety Stuff** |
| backpacking towel | Powdered Cream | 50 ft nylon Rope |
|  | Salt / Pepper / seasoning | Back Packing Med Kit |
| **On person /hanging off pack:** |  | First Aid Kit and Safety Stuff |
| goPro | Instant mashed potatoes | AAA batteries for headlamps? |
| Mosquito Repellent | Flask w booze |  |
| wading boots w neoprene socks | Tapatio/chollula packs | Bear Spray |
| Bear Spray | ~~Silverfoil to wrap trout~~ | Fire & Visitor Permits |
| Sandals | ~~Olive oil, lemon juice, trout spices, white wine~~ |  |
| Polarized Sunglasses | Oil for hash browns |  |
| Gu | Butter for Sous Vide | **Misc:** |
| iPhone | Heavy plastic sealable bags | ~~Cards, pen, paper?~~ |
| Garmin GPSmap 661 | √Dehydrated peanut butter |  |
| Pee Bottle | ~~Dehydrated almond butter~~ |  |
|  | tortillas |  |
| Trekking Poles | Dehydrated fruit |  |
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| Mosquito Net |  |  |
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| **To wear hiking in:** |  |  |
| Long Sleeve Fly Fishing Shirt |  |  |
| Lightweight short hiking pants  |  |  |
| Garmin GPS running watch |  |  |
| Trail running shoes |  |  |
| Trekking Heavyweight Socks |  |  |
| Backpacking Boxer Briefs |  |  |
| Baseball Cap simms orange |  |  |
| Trekking Poles |  |  |
| buff |  |  |
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**Fly Fishing Stuff**

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| Neoprene Wading Socks | 5 Wt in Rod Sock  |
| Simms Orange Hat | 5 wt in rod sock |
| ~~Floppy Fly Fishing hat?~~ | 5wt and 6wt floating reels |
| Lightweight Running shirt | √Wading Staff? |
| N. Platte hooded Fishing shirt |  |
| Polarized Sunglasses  | √Streamers |
| Fly fishing tackle, flies, and gear |  |
| Magnifiers / reading Glasses |  |
| Leaders |  |
| Tippet (3x, 5x)  |  |
| CA Fishing license | ~~Green lightweight Hodgeman Waders~~ |
| NZ strike Indicators | ~~Fleece for Under Waders~~ |
| Weights |  |
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| Stringer / lt rope to keep trout |  |
| Lanyard w the tools (Forceps and nippers) | Extra rod for truck? |
| Nail Knot Tool?, Floatant |  |
| River thermometer |  |
| NZ indicators in fly stuff |  |
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**To Bring and Leave in Truck**

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| Cooler filled with: |  |
| -ice and 4 beers; Gatorade / soda |  |
| -Waters & gatorades. Etc | Cell Phone Car Charger |
| -food (apples), chips, snacks, etc | Mats (+waterproof) to stand on in dirt |
| -laughing cow cheese (6) | Camp Chair |
| Sous vide Steak and lamb |  |
| cooler w with waters, sodas, beers | ~~Sleeping Pad~~ |
| Shorts, tshirt,, sandals, bball cap for trip home |  |
| Separate Sleeping Bag and Pillow |  |
| Separate Snacks |  |
| *Sleeping Shorts and tshirt?* |  |
| Sleeping pad for back of truck |  |
| ~~Firewood for campsite w/ newspaper, matches?~~ | **questions** |
| ~~lunch for wednesday afternoon~~ |  |
| ~~dinner for wednesday night~~ |  |
| Separate coffee / cream |  |
| Separate fuel for wed morning coffee |  |
| Sun Shower, filled (shampoo, soap, towel)  |  |
| Beach Towel |  |
| Separate breakfast for fri morning |  |
| **Post mortem** |  |
|  | **October / Nov only:** |
| 4 Eggs broken into container | Two undershirts (long and short) |
| Split out and seal two hash browns | Thin gloves |
|  | Beanie |
| Tortillas  | Waders |
| ~~Dehydrated cheese for chili?~~ |  |
| Dehydrated Peanut butter  |  |
| Hard, sharp cheese, 8 oz |  |
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| √Elk haired caddis |  |
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**Meal Planning**

* Wednesday
	+ Lunch stuff
	+ Appetizers (meats and cheeses to share)
	+ Sous Vide Steak
	+ Dehydrated mashed potatoes
	+ chocolate
* Thursday
	+ Breakfast – hash browns, bacon, peanut / almond butter, sandwich thin, dehydrated fruit
	+ Lunch stuff
	+ Appetizers (meats and cheeses to share)
	+ Sous Vide Lamb chops
	+ Dehydrated saimin
	+ chocolate
* Friday
	+ Breakfast – hash browns, bacon, peanut / almond butter, sandwich thin, dehydrated fruit
	+ Lunch – stuff
	+ Appetizers (meats and cheeses to share)
	+ Dinner: dehydrated chili with ground beef, sharp cheese
	+ chocolate
* Saturday
	+ Breakfast – mountain house scrambled eggs, peanut / almond butter, sandwich thin, dehydrated fruit
	+ Lunch – stuff
	+ Appetizers (meats and cheeses to share)
	+ dehydrated Spaghetti with ground turkey, parmesian cheese
	+ chocolate